

DECEMBER 2018

*To schedule a free hearing test, please
call Sams @ 283-0063
If you would like assistance, we are happy to help*

**Walton Senior
Center
44 North Main
St
Walton, KY
41094**





Phone:
(859) 485-7611

Hours
Monday ~ Friday
8:30am – 3:00pm

Center Manager
Theresa Hurst
Thurst@myy.org

Volunteer Assistant
Peggy Chambers

WESLEY MEALS
CALL BY 12:00 NOON
TO RESERVE A MEAL
NEXT DAY
(meals must be eaten at
center)

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	<p>3 9:00 Bridge 9:15 Zumba Gold 10:00 Dominoes 1:00 Line Dancing 2:00 Yoga w/ Barb</p>	<p>4 9:00 Senior Strength 9:30 PAINT PALS/CRAFTS 12:00 Bingo</p>	<p>5 9:15 Zumba Gold 12:00 Euchre</p>	<p>6 9:00 Yoga w/ Sara 12:00 Bingo</p>	<p>7 9:00 Senior Strength 12:00 EUCHRE</p>
	<p>10 9:00 Bridge 9:15 Zumba Gold 10:00 Dominoes 1:00 Line Dancing 2:00 Yoga w/ Barb</p>	<p>11 9:00 Senior Strength 9:30 PAINT PALS/CRAFTS 10:00 Advisory Meeting 12:00 Bingo</p>	<p>12 9:15 Zumba Gold 12:00 Euchre</p>	<p>13 9:00 Yoga w/ Sara 11:15 Nutrition Education 11:30 Birthday Party Pizza & cake Donated by your local Snappy Tomato & DQ Grill & Chill 12:00 Bingo</p>	<p>14 9:00 Senior Strength 11:00 Euchre Lunch 12:00 EUCHRE</p>
	<p>17 Commodity Day 9:00 Bridge 9:15 Zumba Gold 10:00 Dominoes 1:00 Line Dancing 2:00 Yoga w/ Barb</p>	<p>18 9:00 Senior Strength 10:30 Christmas Party Holiday music ~ Pictures w/Santa & Mrs. Claus ~ Dinner gift exchange & games</p>	<p>19 9:15 Zumba Gold 12:00 Euchre</p>	<p>20 9:00 Yoga w/ Sara 10:30 Healthy eating with/Joyce Jacobs 12:00 Bingo</p>	<p>21 9:00 Senior Strength 12:00 EUCHRE</p>
	<p>24 CLOSED MERRY CHRISTMAS</p>	<p>25 CLOSED MERRY CHRISTMAS</p>	<p>26 9:15 Zumba Gold 12:00 Euchre</p>	<p>27 9:00 Yoga w/ Sara 10:00 Ruwe Health Screenings 12:00 Bingo</p>	<p>28 9:00 Senior Strength 12:00 EUCHRE</p>
	<p>31 9:00 Bridge 9:15 Zumba Gold 10:00 Dominoes 1:00 Line Dancing 2:00 Yoga w/ Barb</p>	 <p>Imelda Bagley 12/23 Rhonda Gray 12/29 Tim Feeley 12/6 Rita Due 12/7</p>	 <p>Larry Gouge 12/15 Lena Shields 12/24 Barbara Peebles 12/7 Debra Wyatt 12/28</p>	<p>(ON MONDAY ONLY) <i>Our Yoga instructor is a certified volunteer and a veterinarian. Start time may be delayed due to her schedule. Call 485-7611 to check time.</i></p>	<p>Bad Weather Notice: Watch for School Closings!!!! If Walton-Verona Schools are closed due to the weather, our Senior Center is also Closed. If school is delayed, our center is open as usual</p>