

FEBRUARY 2019

To schedule a free hearing test,
please call Sams @ 283-0063
If you would like assistance, we are happy to
help



WALTON SENIOR CENTER
44 North Main St.
Walton, Ky. 41094
...supporting the self-sufficiency and self-worth of older adults.

Hours of Operation
Mon-Fri
8:30 a.m.-3:00p.m.

Phone:
(859) 485-7611

Center Manager
Theresa Hurst
Thurst@myy.org

Volunteer Assistant
Peggy Chambers

WESLEY MEALS
CALL BY 12:00 NOON
TO RESERVE A MEAL NEXT
DAY
(meals must be eaten at center)

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Bad Weather Notice: Watch for School Closings!!!! If Walton-Verona Schools are closed due to the weather, our Senior Center is also Closed. If school is delayed, our center is open as usual</p>	<p>***** *Our Monday Yoga instructor is a certified volunteer and a veterinarian. Start time may be delayed due to her schedule. Call 485-7611 to check time</p>	 <p>FEBRUARY BABIES Theresa Hurst 2/8 Don Garret 2/12 Portia Jump 2/21 Alan McCauley 2/10</p>	 <p>FEBRUARY BABIES Dawn Spencer 2/24 Jill Morris 2/17 Kathleen Wiley 2/1 Mary Woodcock 2/9</p>	<p>1 9:00 Senior Strength 12:00 EUCHRE</p>
	<p>4 9:15 Zumba Gold 10:00 Dominoes 2:00 Yoga w/ Barb*</p>	<p>5 8:30 Cards 9:00 Senior Strength 10:00 Go Red for Women – Signs of a Heart Attack w/ Joyce Jacobs/St Elizabeth 9:30 PAINT PALS/CRAFTS 12:00 B-I-N-G-O</p>	<p>6 9:15 Zumba Gold 12:00 EUCHRE</p>	<p>7 9:00 Yoga w/ Sara 11:00 Lunch & Learn w/ Marvalyn Zix- Elmcroft 12:00 B-I-N-G-O</p>	<p>8 9:00 Senior Strength 11:00 Euchre Lunch 12:00 EUCHRE</p>
	<p>11 9:15 Zumba Gold-canceled 10:00 Dominoes 2:00 Yoga w/ Barb*</p>	<p>12 8:30 Cards 9:00 Senior Strength 9:30 PAINT PALS/CRAFTS 12:00 B-I-N-G-O</p>	<p>13 9:15 Zumba Gold 12:00 EUCHRE</p>	<p>14 9:00 Yoga w/ Sara 11:00 Valentine Party 11:15 Nutrition Ed 11:30 Birthday Party 12:00 B-I-N-G-O</p>	<p>15 9:00 Senior Strength 12:00 EUCHRE</p>
	<p>18 9:15 Zumba Gold 10:00 Dominoes 2:00 Yoga w/ Barb*</p>	<p>19 8:30 Cards 9:00 Senior Strength 9:30 PAINT PALS/CRAFTS 10 :00Advisory Council Mtg 12:00 B-I-N-G-O Falls Talk @ Florence Senior Center, 11am</p>	<p>20 9:15 Zumba Gold 12:00 EUCHRE</p>	<p>21 9:00 Yoga w/ Sara 12:00 B-I-N-G-O</p>	<p>22 9:00 Senior Strength 12:00 EUCHRE</p>
	<p>25 9:15 Zumba Gold 10 COMMODITIES 10:00 Dominoes 2:00 Yoga w/ Barb*</p>	<p>26 8:30 Cards 9:00 Senior Strength 9:30 PAINT PALS/CRAFTS 12:00 B-I-N-G-O</p>	<p>27 9:15 Zumba Gold 12:00 EUCHRE</p>	<p>28 9:00 Yoga w/ Sara 10:00 Health Screenings-RUWE 12:00 B-I-N-G-O</p>	<p>Tickets on Sale NOW!!!! \$20 For our 5th Annual Sock Hop, featuring ELVIS !! Saturday, May 4th @ 3pm</p>