

April 2019

To schedule a free hearing test, please call
Sams @ 283-0063
 If you would like assistance, we are happy to help

Walton Senior Center 44 North Main St Walton, KY 41094	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Phone: (859) 485-7611</p> <p>Hours Monday ~ Friday 8:30am – 3:00pm</p> <p>Center Manager Theresa Hurst Thurst@myy.org</p> <p>Volunteer Assistant Peggy Chambers</p>	1 10:00 Dominoes 2:00 Yoga w/ Barb	2 8:30 Cards 9:00 Zumba dvd 9:30 PAINT PALS/CRAFTS 12:00 Bingo	3 8:30 Cards 9:00 Senior Strength 12:00 Euchre	4 9:00 Yoga w/ Sara 10:00 Stretching and Band Exercise W/ Joyce Jacobs 12:00 Bingo	5 8:30 Cards 9:00 Senior Strength 12:00 EUCHRE
	8 10:00 Dominoes 12:00 Census Presentation 2:00 Yoga w/ Barb	9 8:30 Cards 9:00 Zumba dvd 9:30 PAINT PALS/CRAFTS 12:00 Bingo	10 8:30 Cards 9:00 Senior Strength 12:00 Euchre	11 9:00 Yoga w/ Sara 11:00 Birthday Party 11:15 Nutrition Education 12:00 Bingo	12 8:30 Cards 9:00 Senior Strength 11:00 Euchre Lunch 12:00 EUCHRE TRIP TO LACOMEDIA
	15 Commodity Day 10:00 Dominoes 2:00 Yoga w/ Barb	16 8:30 Cards 9:00 Zumba dvd 9:30 PAINT PALS/CRAFTS 10 :00 Advisory Meeting 12:00 Bingo	17 8:30 Cards 9:00 Senior Strength 12:00 Euchre	18 9:00 Yoga w/ Sara 10:00 Health Screenings 12:00 Bingo	19 CENTER IS CLOSED IN OBSERVANCE OF GOOD FRIDAY
	22 10:00 Dominoes Tournament 2:00 Yoga w/ Barb	23 8:30 Cards 9:00 Zumba dvd 9:30 PAINT PALS/CRAFTS 12:00 Bingo	24 8:30 Cards 9:00 Senior Strength 12:00 Euchre	25 9:00 Yoga w/ Sara 12:00 Bingo	26 8:30 Cards 9:00 Senior Strength 12:00 EUCHRE
	WESLEY MEALS CALL BY 12:00 NOON TO RESERVE A MEAL NEXT DAY (meals must be eaten at center)	29 10:00 Dominoes 2:00 Yoga w/ Barb	30 8:30 Cards 9:00 Zumba dvd 9:30 PAINT PALS/CRAFTS 12:00 Bingo	31 8:30 Cards 9:00 Senior Strength 12:00 Euchre	(ON MONDAY ONLY) Our Yoga instructor is a certified volunteer and a veterinarian. Start time may be delayed due to her schedule. Call 485-7611 to check time.