



# March 2020

<p><b>Walton Senior Center</b>  <b>44 North Main St</b>  <b>Walton, KY 41094</b></p>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
 <p><b>Phone:</b> (859) 485-7611</p>	<p><b>2</b>            9:00 Senior Strength            10:00 Dominoes            11:00 Cards</p>	<p><b>3</b>            8:30 Cards            9:00 Dance Fitness w/Jessica  <b>10:15: UK Nutrition Study</b>            12:00 Bingo</p>	<p><b>4</b>            8:30 Cards            9:00 Senior Strength            12:00 Euchre</p>	<p><b>12</b>            8:30 Cards            9:00 Yoga w / Sara  <b>10:15: UK Nutrition Study</b>            12:00 Bingo</p>	<p><b>6</b>            8:30 Cards            9:00 Senior Strength            12:00 Euchre</p>
<p><b>Hours</b>            Monday ~ Friday            8:30am –3:00pm</p> <p>Center Manager            Jenny Trapp  <a href="mailto:Jtrapp@myy.org">Jtrapp@myy.org</a></p>	<p><b>9</b>            9:00 Senior Strength            10:00 Dominoes            11:00 Cards</p>	<p><b>10</b>            8:30 Cards            9:00 Dance Fitness w/Jessica  <b>10:15: UK Nutrition Study</b>            12:00 Bingo</p>	<p><b>11</b>            8:30 Cards            9:00 Senior Strength            12:00 Euchre</p>	<p><b>12</b>            8:30 Cards            9:00 Yoga w / Sara  <b>10:15: UK Nutrition Study</b>            12:00 Bingo/Birthday Celebrations</p>	<p><b>13</b>            8:30 Cards            9:00 Senior Strength  <b>11:00 Euchre Lunch</b>            12:00 Euchre  <b>Trivia Night at Florence Ctr, doors open at 6pm!</b></p>
<p>Volunteer Assistant            Peggy Chambers</p>	<p><b>16</b>  <b>Commodity Day</b>            9:00 Senior Strength            10:00 Dominoes            11:00 Cards</p>	<p><b>17</b>            8:30 Cards            9:00 Dance Fitness w/Jessica  <b>10:15: UK Nutrition Study</b>  <b>11:30-St Patty's Day Potluck</b>            12:00 Bingo</p>	<p><b>18</b>            8:30 Cards            9:00 Senior Strength            12:00 Euchre</p>	<p><b>19</b>            8:30 Cards            9:00 Yoga w / Sara  <b>10:00 Health screenings with RUWE RX, sign up</b>  <b>10:15: UK Nutrition Study</b>            12:00 Bingo</p>	<p><b>20</b>            8:30 Cards            9:00 Senior Strength            12:00 Euchre  <u><b>Spring Begins.</b></u></p>
<p>WESLEY MEALS            CALL BY 12:00 NOON            TO RESERVE A MEAL            NEXT DAY            (meals must be eaten at center)</p>	<p><b>23</b>            9:00 Senior Strength            10:00 Dominoes            11:00 Cards</p>	<p><b>24</b>            8:30 Cards            9:00 Dance Fitness w/Jessica  <b>10:15: UK Nutrition Study</b>            12:00 Bingo</p>	<p><b>25</b>            8:30 Cards            9:00 Senior Strength            12:00 Euchre</p>	<p><b>26</b>            8:30 Cards            9:00 Yoga w / Sara  <b>10:15: UK Nutrition Study</b>            12:00 Bingo</p>	<p><b>27</b>            8:30 Cards            9:00 Senior Strength            12:00 Euchre</p>
<p>WESLEY MEALS            CALL BY 12:00 NOON            TO RESERVE A MEAL            NEXT DAY            (meals must be eaten at center)</p>	<p><b>30</b>            9:00 Senior Strength            10:00 Dominoes            11:00 Cards</p>	<p><b>31</b>            8:30 Cards            9:00 Dance Fitness w/Jessica  <b>10:30-Lunch/Learn with Benchmark Physical Therapy</b>            12:00 Bingo</p>	<p><b>Remember :</b>  <b>The Walton Senior Center is closed when Walton Verona schools are closed due to inclement weather!</b></p>		<p><b>Sock Hop Tickets on sale now, \$20.00. Join us at the Y, Saturday April 25<sup>th</sup> @ 3pm p.m. Enjoy dancing, food, raffles, split the pot and Elvis.</b></p>