Walton Senior Center July 2021 Adding Life to Your Years

MON	TUE	WED	THU	FRI	
	29 10-12a Curb-side Welcome Packet pick up.	*Dance Fitness with Jessica will be back August 19th at 9:30a	1	2	the
5 Closed- observance July 4th.	6 Reopening Info/Welcome Packets Available 9-11a & 1-3p	7 9a <i>Senior Strength</i> <i>DVD</i> 12p Euchre	8 8:30 Cards 12p BINGO	9	Days & Hours of Operation:
12 Commodities 10a Dominoes 1p Gentle Yoga with Sara	13	14 9a Senior Strength DVD 12p Euchre	15 8:30 Cards 12p BINGO	16	Mon, Wed, & Thursday 8:30a-3p Closed Tue & Friday
19 10a Dominoes 1p <i>Gentle Yoga</i> with Sara	20	21 9a Senior Strength DVD 12p Euchre	22 8:30 Cards 12p BINGO	23	Phone: (859) 485-7611 Address: 40 North Main St. Walton, KY 41094
26 10a Dominoes 1p <i>Gentle Yoga</i> with Sara	27	28 9a Senior Strength DVD 10a Nutrition Education - Virtual on FB 12p Euchre	29 8:30 Cards 12p BINGO	30	Senior Program Director for Seniors Diana Tripp, CSW Dtripp@myy.org Volunteer Assistant Peggy Chambers

At this time no food or drink will be served or shared at the Senior Center (other than ordered lunch). Please only bring your individual/personal drink or food. Meals on Wheels lunch is available with 24 hour Advanced reservation, suggested \$3 voluntary donation.