

Walton Senior Center September 2022

Adding Life to Your Years

MON

TU

WED

THU

FRI



Center Closed

5

6

7

9a *Senior Strength DVD*
10a TONK/cards
12p Euchre



**See you at the
Boone County
Senior Picnic!
Center Closed**

12

**Biltmore Trip #1
Commodities**

10a Dominoes
12p *Senior Strength DVD*
1p *Gentle Yoga w/Sara*

13

14

15

8:30a Cards
9:30a *Dance Fitness w/Jessica*
11:30a Nutrition Ed
With Diane Mason
12p Bingo

16

19

10a Dominoes
12p *Senior Strength DVD*
1p *Gentle Yoga w/Sara*

20

21

9a *Senior Strength DVD*
10a TONK/cards
12p Euchre

22

8:30a Cards
9:30a *Dance Fitness w/Jessica*
10-11 FLU vaccines with
RUWE pharmacy
12p Bingo

23

26

Biltmore Trip #2

10a Dominoes
12p *Senior Strength DVD*
1p *Gentle Yoga w/Sara*

27

28

9a *Senior Strength DVD*
10a TONK/cards
12p Euchre

29

8:30a Cards
9:30a *Dance Fitness w/Jessica*
12p Bingo

30

1
8:30a Cards
9:30a *Dance Fitness w/Jessica*
12p Bingo

2



**Days & Hours of
Operation:
Mon, Wed, & Thursday
8:30a-3p**

Closed Tue & Friday

Phone: (859) 485-7611

**Address: 44 North
Main St. Walton, KY
41094**

**Senior Program Director
for Seniors
Diana Tripp, CSW**

*If Boone Co. is RED on the COVID -19 community level map, Masks will be required for all staff, participants, guests to enter the center. At this time only coffee will be served at the Senior Center (other than Lunch & Learns). Please bring your individual/personal drink or food. Meals on Wheels lunch is available with 48 hour Advanced reservation, suggested \$1 voluntary donation.