

Walton Senior Center MARCH 2024

Adding Life to Your Years

MON

TUE

WED

THU

FR

Groovin' at the Y
Sat. April 20, 3 pm
\$20 Tickets on sale now-
Available at all 3 centers
Buy early, we usually sell
out!



SAVE THE DATE- May 17th
10-2 Senior Spring Fling @
Y'all's Ball park. Resources,
Entertainment & Giveaways!

Senior Retreat:
May 27-31 Renew in the Smok-
 ies Retreat, Knoxville TN, **regis-**
tration open now! Early Bird
 special price ends 3/15. Contact
 Rene'e at our Burlington
 location 859-334-6518,
 Rmcnabb@myy.org

1



4
 10a Dominoes
 12p *Senior Strength DVD*
 1p **Tai Chi**

5
 6
 9a Senior Strength DVD
 10a TONK/cards
 12p Euchre

7
NATIONAL CEREAL DAY
 8:30a Cards/Puzzles
 12p Bingo

8

11 **Commodities**
 9:30 Advisory Council
 10a Dominoes
 12p *Senior Strength DVD*
 1p **Gentle Yoga**

12
 13
 9a Senior Strength dvd
 10a TONK/cards
 12 Euchre

14
 8:30 Cards/Puzzles
11a Pizza luncheon, RSVP
with staff
 12p Bingo

15

18
 10a Dominoes
 12p *Senior Strength DVD*
 1p **Tai Chi**

19
 20
 9a *Senior Strength DVD*
 10a TONK/cards
11:15a Wendy's Chili
Lunch, RSVP with staff
 12p Euchre

21
8:30 Breakfast Bingo at-
Legacy Living, RSVP
11:30 Nutrition Education
with Diane Mason
 12p Bingo

22

25
 10a Dominoes
 12p *Senior Strength DVD*
 1p **Gentle Yoga**

26
 27
 9a *Senior Strength DVD*
 10a TONK/cards
 12p Euchre

28
 8:30a Cards/Puzzles
11a Lunch n Learn with
Bluegrass Care Navigators,
LIVING WILLS planning-RSVP
 12p Bingo

29

Days & Hours of
Operation:
Mon, Wed, & Thursday
8:30a-2:30p

Closed Tue & Friday

Phone: (859) 485-7611

Address:
44 North Main St.
Walton, KY 41094

Senior Program Director
for Seniors
Diana Tripp, CSW
Dtripp@myy.org



Please remember that this center will close when Walton Verona Schools close due to inclement weather.
 Meals on Wheels lunch available with 48 advance reservation, voluntary donation suggested, \$1