

WALTON SENIOR CENTER

ADDING LIFE TO YOUR YEARS **March**



Reminder:
Our center is closed when Walton-Verona Schools close due to inclement weather.



Days & Hours of Operation:
Monday, Wednesday, & Thursday
8:30am - 2:30pm

Address:
44 North Main St.
Walton, Ky 41094



Contact:
Phone: (859) 485-7611
Dora Franks
Senior Center Manager
Email: dfranks@myy.org

Monday

Tuesday

Wednesday

Thursday

Friday

3 Groovin' Tickets
10a Dominos
12p Senior Strength
1p Qigong/Tai Chi

4

5 Ash Wednesday
10a TONK/Cards
12p Euchre

6
9a Enerchi Tai Chi
10a Cardio Drumming
12:15p Bingo

7

10 Commodities
10a Dominos
12p Senior Strength
1p Yoga

11

12
10a TONK/Cards
12p Euchre

13
9a Enerchi Tai Chi
10a Cardio Drumming
12:15p Bingo

14

17 St. Patrick's Day
10a Dominos
12p Senior Strength
1p Qigong/Tai Chi

18

19
10a TONK/Cards
11:15a **Wendy's Chili** *RSVP*
12p Euchre

20 First Day of Spring
9a Enerchi Tai Chi
10a Cardio Drumming
11:30a **Nutrition Education**
12:15p Bingo

21

24
10a Dominos
12p Senior Strength
1p Gentle Yoga

25

26
10a TONK/Cards
12p Euchre

27
9a Enerchi Tai Chi
10a Cardio Drumming
11:15 **Lunch & Learn** with
Katie Deno from Senior
Medicare Patrol, Snappy's
RSVP
12:30p Bingo

28

31
10a Dominos
12p Senior Strength
1p Gentle Yoga

Meals on Wheels lunch available with 48 hour advance reservation. Voluntary donation suggested, \$1

Follow us on Facebook
Boone Ky Seniors

Look Out for Important Dates!

Groovin' Tickets
Groovin' at The Y Tickets go on sale **Monday, March 3rd**. Tickets are **\$25** each.
Groovin' at The Y will be on **Saturday, April 26th**.

Renew In The Smokies

Early Bird Prices (\$345-\$420) **End March 15th**.
Prices after March 15th will be more expensive (\$370-\$445).
Additional Travel Cost TBD
Contact Rene'e with any questions
859-334-6518 or rmcnabb@myy.org