

WALTON SENIOR CENTER

ADDING LIFE TO YOUR YEARS

April

Meals on Wheels lunch available with 48 hour advance reservation. Voluntary donation suggested, \$1



Days & Hours of Operation:
Monday, Wednesday, & Thursday
8:30am - 2:30pm

Address:
44 North Main St.
Walton, Ky 41094



Contact:
Phone: (859) 485-7611
Dora Franks
Senior Center Manager
Email: dfranks@myy.org



Monday

Tuesday

Wednesday

Thursday

Friday

31

10a Dominoes
12p Senior Strength
1p Gentle Yoga

1



2

10a Cards
12a Euchre

3

9a Enerchi Tai Chi
10a Cardio Drumming
11:15 **Wendy's Chili**
RSVP required
12:15 Bingo

4

7

10a Dominoes
12p Senior Strength
1p Qigong/Tai Chi

8

9

10a Cards
12p Euchre

10

9a Enerchi Tai Chi
10a Cardio Drumming
12:15 Bingo

11

14

Commodities

10a Dominoes
12p Senior Strength
1p Gentle Yoga

15

16

10a Cards
11a **Snappy's Lunch**
RSVP required
12p Euchre

17

9a Enerchi Tai Chi
10a Cardio Drumming
11:30a **Nutrition Education**
12:15 Bingo

18

21

10a Dominoes
12p Senior Strength
1p Qigong/Tai Chi

22



23

10a Cards
12p Euchre

24

9a Senior Strength
11:15a **Lunch & Learn**
with Hanna Owens
from Magnolia Springs
RSVP required.
12:30p Bingo

25



28

10a Dominoes
12p Senior Strength
1p Gentle Yoga

29

30

Senior Center Closed
Disaster Preparedness Event at Extension Office!

Follow us on Facebook
Boone Ky Seniors

IMPORTANT DATES

Groovin' @ The Y

Saturday, **April 26th @3pm**

in the R.C. Durr Gymnasium

Buy your **\$25 ticket** from your center manager. Tickets not available at the door.

Disaster Preparedness Event

RSVP by April 15th Call (859) 586-6101

Wednesday,

April 30th, 9am - 3pm

Boone County
Enrichment Center



Spring Tea at Gaine's Tavern

Tuesday, **May 13th @11 am**

\$30 per seat. Register with Senior Center Staff!
Tickets will not be available at the door.

